The
Red Book

This Planner Belongs To:

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How to use this Planner

This planner is inspired by the works and faith of J.R.R. Tolkien,
created for anyone hoping to grow in "hobbit-ness" and holiness.

Weekly Challenges: This planner is meant to serve as a companion and guide as you spend the next twelve months developing new habits and becoming more like the shire-folk through these weekly challenges. Think of these challenges as starting points. See how many you can accomplish, but don't stress if you can't get every single one done. Some might need to wait to be completed until a later time, and that's okay.

Growth: This is your space for dreaming and goal-setting. Write down at least five goals.

Memorization: Write down a few things you'd like to memorize, whether it's poetry, prayer, scripture, or a song. Look over this page often!

To-Be-Read: Fill in these pages with books you'd love to read. Use it to keep track of your progress! The next page also includes a list of some of Tolkien's shorter works which I highly recommend.

Book Club: Use these pages to keep track of your book club! Also includes a sample schedule for reading The Lord of the Rings over the course of one year.

Meal Planning: I've found creating a month's worth of meal plans has been incredibly helpful in taking a lot of the mental work out of grocery shopping and meal prepping. Sit down and map out as many meals as you can, and you'll be able to come back to this list if you ever find yourself asking yourself 'what's for dinner?'

Weekly Rhythm: Use these pages to map out your ideal week. For example, do you do certain chores on certain days? Do you have certain weekly commitments for work or at home? What about any prayer routines or devotions? Write it all out here. I've found seeing it all on paper helps when planning out each individual week.

Dates to Remember: Jot down any important dates coming up within the next year. A list of important dates in relation to Tolkien can also be found here.

Weekly Pages: I've left the weekly pages as minimalistic as possible because I know everyone's life is different. I personally use the top block for scheduling, the middle block for daily tasks, and the bottom square for managing our online community or meal planning.

Dot Grid Pages: One thing that always bothered me about traditional planners was the lack of room for notes, drawings, brainstorming etc. I wanted to include ample space for anything you might need to get down on paper throughout the month, and used a dot grid style to recreate a bullet-journal kind of feel.

To see more ways to use this planner, visit the Tea with Tolkien Blog.

weekly challenges

Over the next twelve months, I want to challenge you to complete as many of these tasks as you can! Each one is meant to draw you closer to a life of simplicity and joy. They can be completed in any order and timeframe that you'd like, but if you aim to finish around 3 per month you'll be on track to have all of them done by the time you're finished with this planner. I recommend writing them down on your weekly pages so you don't forget.

While a few of these challenges are inspired by Tolkien's own Catholic faith specifically, I'd encourage you to make any modifications to fit your own beliefs and needs. I'm also including a few extra lines at the end to add anything else you might come up with as well!

- ☐ Read one wholesome book
- ☐ Read one of Tolkien's letters
- ☐ Read one of Tolkien's shorter works
- ☐ Memorize a poem or song
- ☐ Memorize a new prayer or verse of Scripture
- ☐ Journal or write poetry
- ☐ Write a letter to someone
- ☐ Give a small gift to someone
- ☐ Host a small party
- ☐ Have a pint with a friend (or a cup of tea)
- ☐ Reconnect with someone you've fallen out of touch with
- ☐ "Carry" a friend in need
- ☐ Introduce yourself to a neighbor
- ☐ Bake *Lembas*
- ☐ Cook a meal fit for a Hobbit
- ☐ Dress colorfully
- ☐ Sit beside the fire and think
- ☐ Go for a long walk
- ☐ Sit beneath a tree and read
- ☐ Sit on the porch
- ☐ Listen to live music
- ☐ Plant or tend to a garden
- ☐ Attend a weekday Mass
- ☐ Attend Eucharistic Adoration
- ☐ Ask for forgiveness
- ☐ Do something inconvenient for the sake of another
- ☐ Let go of something "precious" to you
- ☐ Donate items you don't use or need
- ☐ Purchase something you need from a locally owned business
- ☐ Volunteer
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

growth

What do you want your life to look like one year from now? How do you hope you will have grown? What habits will you have adopted? What rhythms and routines will make your days simpler? In what ways would you like to become more 'steeped' in truth, beauty, and goodness? Use this page to brainstorm. Think about all the areas of your life: family, work, mental health, spiritual life, physical health, etc. Get it all down on paper and then use the next page to finalize your top five goals for this year.

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2

3

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5

memorization

to-be-read

recommended reading: Tolkien's shorter works

While *The Silmarillion*, *The Hobbit*, and *The Lord of the Rings* stand out as his most influential works, there is so much more to Tolkien than hobbits, dwarves, and elves! His lesser-known shorter works, including letters, essays, poetry, and short stories, offer a unique glimpse into the way he understood myth, faith, literature, and life. This list is in no way exhaustive, but meant as a good place to begin!

A FEW OF TOLKIEN'S SHORTER WORKS

ON FAIRY-STORIES

Tolkien presented this essay in the spring of 1939 at the University of St. Andrews in Scotland. In it, Tolkien addresses three questions primarily: What are fairy stories? What are their origins? And what is the use of them? It is also in "On Fairy-Stories" that we first see the word Eucatastrophe, a term coined by Tolkien himself, which refers to the 'happy turn' of events. "On Fairy- Stories" can be read online for free, or in print in **The Monsters and the Critics** or **Tree and Leaf.** *This is one of the most important works to read when studying Tolkien; if you're unsure of which on this list to read first, choose this one!*

LEAF BY NIGGLE

"Leaf by Niggle" tells of the life and passing of an artist named Niggle. Perhaps one of the most allegorical of Tolkien's works, "Leaf by Niggle" reflects Tolkien's thoughts on purgatory and heaven. On **episode 22** of the Tea with Tolkien podcast, we were joined by Father Dan Bedel to discuss this tale! "Leaf by Niggle" is included in two compilations: *Tree and Leaf*, and *On the Monsters and the Critics*.

MYTHOPOEIA

"Mythopoeia" is a poem written by Tolkien after a conversation with C.S. Lewis in which the two discussed truth and myth. Lewis had argued that myths were "lies breathed through silver", which inspired Tolkien to write this poem in defense of the truths reflected in mythology. It can be found in *Tree and Leaf*.

COMPILATIONS

TREE AND LEAF

Perhaps the handiest of all Tolkien compilations, *Tree and Leaf* includes: "On Fairy-Stories", "Leaf by Niggle", "Mythopoeia", and "The Homecoming of Beorhtnoth". If you're considering which compilation book to purchase, I'd go with this one because "On Fairy-Stories" and "Mythopoeia" are quite important and good starting points when studying Tolkien.

TALES FROM THE PERILOUS REALM

Tales from the Perilous Realm is actually a compilation of several shorter works by Tolkien, which is nice because you only need to purchase and carry around one book. The book includes: "Farmer Giles of Ham", "Leaf by Niggle", "The Adventures of Tom Bombadil", "Smith of Wootton Major", and "On Fairy-Stories".

THE LETTERS OF J.R.R. TOLKIEN

Over three hundred of Tolkien's letters can be found in *The Letters of J.R.R. Tolkien*, compiled and edited by Humphrey Carpenter. This collection offers an unparalleled look into Tolkien's writing process, his relationship with his children, and the influence of his faith on his works. Six of these letters have also been published on the Tolkien Estate website and can be read for free.

RECOMMENDED LETTERS

Letter 54 to Christopher Tolkien | In this short letter, Tolkien reminds his son of his guardian angel and instructs him to "make a habit of the 'praises'" in prayer.

Letter 64 to Christopher Tolkien | This letter begins with a lament of the horrors of war, followed by a bit about the parts of *The Lord of the Rings* Tolkien is currently working through, and ends with a few words of encouragement for his son.

> *"All we do know, and that to a large extent by direct experience, is that evil labours with vast power and perpetual success–in vain: preparing always only the soil for unexpected good to sprout in."*

Letter 89 to Christopher Tolkien | Tolkien introduces the term Eucatastrophe, stating that the Resurrection was the greatest Eucatastrophe possible.

Letter 131 to Milton Waldman | Tolkien attempts to explain the connections between *The Lord of the Rings* and *The Silmarillion*, which he is hoping to publish. This is one of the longest letters included in this collection, and it provides a huge amount of detail regarding the history of Middle-Earth.

Letter 142 to Fr. Robert Murray, SJ | In a response to a letter from Robert Murray, a Jesuit priest and close friend of the Tolkien family, Tolkien writes about the order of Grace. It is also in this letter that Tolkien calls *The Lord of the Rings* a "fundamentally religious and Catholic work."

> *"The Lord of the Rings is of course a fundamentally religious and Catholic work; unconsciously so at first, but consciously in the revision. That is why I have not put in, or have cut out, practically all references to anything like 'religion', to cults or practices, in the imaginary world. For the religious element is absorbed into the story and the symbolism."*

Letter 163 to W.H. Auden | Tolkien shares a good deal about himself and his life at the request of Auden who is giving a talk about *The Lord of the Rings* on the BBC; this letter could be called a mini-autobiography.

Letter 213 to Deborah Webster |Tolkien provides several facts about himself at Deborah's request, famously calling himself "a hobbit (in all but size)". On the Tea with Tolkien podcast, we talked about this letter in **Episode 13**.

book club

TITLE & AUTHOR

DATE	CHAPTERS

For sample book club schedules, visit www.teawithtolkien.com/reading-schedules

The Lord of the Rings in a Year

A twelve-month reading schedule

MONTH ONE

- ☐ Prologue

BOOK ONE
- ☐ I A Long-expected Party
- ☐ II The Shadow of the Past
- ☐ III Three Is Company
- ☐ IV A Short Cut to Mushrooms
- ☐ V A Conspiracy Unmasked
- ☐ VI The Old Forest

MONTH TWO

- ☐ VII In the House of Tom Bombadil
- ☐ VIII Fog on the Barrow-downs
- ☐ IX At the Sign of The Prancing Pony
- ☐ X Strider
- ☐ XI A Knife in the Dark
- ☐ XII Flight to the Ford

MONTH THREE

BOOK TWO
- ☐ I Many Meetings
- ☐ II The Council of Elrond
- ☐ III The Ring Goes South
- ☐ IV A Journey in the Dark
- ☐ V The Bridge of Khazad-dum

MONTH FOUR

- ☐ VI Lothlorien
- ☐ VII The Mirror of Galadriel
- ☐ VIII Farewell to Lorien
- ☐ IX The Great River
- ☐ X The Breaking of the Fellowship

MONTH FIVE

THE TWO TOWERS

BOOK THREE
- ☐ I The Departure of Boromir
- ☐ II The Riders of Rohan
- ☐ III The Uruk-hai
- ☐ IV Treebeard

MONTH SIX

- ☐ V The White Rider
- ☐ VI The King of the Golden Hall
- ☐ VII Helm's Deep
- ☐ VIII The Road to Isengard
- ☐ IX Flotsam and Jetsam
- ☐ X The Voice of Saruman
- ☐ XI The Palantir

MONTH SEVEN

BOOK FOUR
- ☐ I The Taming of Smeagol
- ☐ II The Passage of the Marshes
- ☐ III The Black Gate Is Closed
- ☐ IV Of Herbs and Stewed Rabbit
- ☐ V The Window on the West

MONTH EIGHT

- ☐ VI The Forbidden Pool
- ☐ VII Journey to the Cross-roads
- ☐ VIII The Stairs of Cirith Ungol
- ☐ IX Shelob's Lair
- ☐ X The Choices of Master Samwise

MONTH NINE

THE RETURN OF THE KING

BOOK FIVE
- ☐ I Minas Tirith
- ☐ II The Passing of the Grey Company
- ☐ III The Muster of Rohan
- ☐ IV The Siege of Gondor
- ☐ V The Ride of the Rohirrim

MONTH TEN

- ☐ VI The Battle of the Pelennor Fields
- ☐ VII The Pyre of Denethor
- ☐ VIII The Houses of Healing
- ☐ IX The Last Debate
- ☐ X The Black Gate Opens

MONTH ELEVEN

BOOK SIX
- ☐ I The Tower of Cirith Ungol
- ☐ II The Land of Shadow
- ☐ III Mount Doom
- ☐ IV The Field of Cormallen

MONTH TWELVE

- ☐ V The Steward and the King
- ☐ VI Many Partings
- ☐ VII Homeward Bound
- ☐ VIII The Scouring of the Shire
- ☐ IX The Grey Havens
- ☐ Appendices

meal planning

notes

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weekly rhythm

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notes

THURSDAY	FRIDAY	SATURDAY	SUNDAY

dates of Tolkienian importance

JANUARY

3 January (1892): Birth of JRR Tolkien

16 January (2020): Passing of Christopher Tolkien

21 January (1889): Birth of Edith Tolkien

MARCH

25 March (T.A. 3019): Frodo's Quest is Completed

25 March (T.A. 3021): Birth of Elanor the Fair, Daughter of Samwise and Rose

25 March is known as Tolkien Reading Day

MAY

May 1 (T.A. 3019): Crowning of King Elessar

May 1 (T.A. 3020): Marriage of Sam Gamgee to Rosie Cotton

JULY

29 July (1954): The Fellowship of the Ring is Published

SEPTEMBER

2 September (1973): Passing of JRR Tolkien

15 September (1977): The Silmarillion is published (posthumously)

21 September (1937): The Hobbit is Published

22 September: The Birthdays of Frodo and Bilbo Baggins, *known as Hobbit Day*

29 September (T.A. 3021): Frodo and Bilbo depart from the Grey Havens

OCTOBER

20 October (1955) : The Return of the King is Published

25 October (T.A. 3018): The Council of Elrond

NOVEMBER

3 November (T.A. 3019): The Battle of Bywater; The Passing of Saruman; The End of the War of the Ring

11 November (1954): The Two Towers is Published

22 November (1963): Passing of C.S. Lewis

29 November (1971) : Passing of Edith Tolkien

DECEMBER

December 25 (T.A. 3018): The Fellowship of the Ring leaves Rivendell

T.A. = Third Age of Middle-Earth

year at a glance

JANUARY	FEBRUARY	MARCH

APRIL	MAY	JUNE

JULY	AUGUST	SEPTEMBER

OCTOBER	NOVEMBER	DECEMBER

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	MONDAY	TUESDAY	WEDNESDAY
weekly focus			
habits			
tasks			

THURSDAY	FRIDAY	SATURDAY	SUNDAY

week of:

	MONDAY	TUESDAY	WEDNESDAY
weekly focus			
habits			
tasks			

THURSDAY	FRIDAY	SATURDAY	SUNDAY

week of:

	MONDAY	TUESDAY	WEDNESDAY
weekly focus			
habits			
tasks			

THURSDAY	FRIDAY	SATURDAY	SUNDAY

Tea with Tolkien